# City and County of San Francisco

# **Department of Public Health**



Michelle Ruggels, **Director of DPH Business Office** 

# **MEMORANDUM**

August 10, 2017

TO:

Commissioner David Pating, MD Chair

Members of the Health Commission Community and Public Health Committee

THROUGH: Barbara Garcia, Director, Department of Public Health

FROM:

Michelle Ruggels

RE: Summary of Proposition I Request for Hummingbird Psychiatric Respite **Navigation Center** 

The purpose of this memo is to provide you with an overview of the attached documents. pertaining to a Proposition I hearing scheduled for the August 15, 2017 Health Commission meeting. This hearing pertains to the creation of a new DPH project to be located at the Mental Health Rehabilitation Facility location on the campus of Zuckerberg San Francisco General Hospital at 887 Potrero Street. This hearing is in compliance with Citywide legislation, adopted in June, 1998 and DPH's subsequent Good Neighbor Policy, allowing interested citizens to bring concerns regarding City funded projects involving new construction, a change in use, or a significant expansion of an existing use at a specific location to the Health Commission.

As noted in the attached documents, DPH is proposing to establish the new Psychiatric Respite Navigation Center program to expand services to a target population who are often homeless and are frequently high users of multiple systems and those who repeatedly use crisis-level services.

DPH estimates the cost of this program during the first year will be \$1.5M, or approximately \$274 per bed day. Positive Resource Center's Baker Places will be contracted with to operate the program for the first year with the service being put out for RFP for the second and subsequent years. Baker Places has extensive experience treating the target population of comorbidly diagnosed mentally ill and substance use disordered clients. The program will receive clients on a referral basis, primarily from Psychiatric Emergency Services; this is not a drop-in service. The program will provide respite to up to 15 clients at a time on a voluntary admission basis, with the goal of connecting these vulnerable clients to ongoing treatment services.

DPH completed the required posting requirements, and hosted the required community meeting on August 9, 2017. A total of 21 community members attended. A summary sheet, and minutes of the meeting are attached.

# SUMMARY OF REQUEST FOR SITE APPROVAL TO THE HEALTH COMMISSION

Contractor	Department of Public Health	<b>DPH Division/Section</b>	Behavioral Health				
Program(s)	Hummingbird Psychiatric						
	Respite Navigation Center	System of Care Director	Kavoos GhaneBassiri				
	\$	Business Office of Contract Compliance (BOCC) Manager	Tom Mesa				
Contractor Contact	Kelly Hiramoto (415) 255-3423	BOCC Director	Debra Solomon				

Request for site approval for Hummingbird Psychiatric Respite to ZSFGH (as required by Chapter 79 of the San Francisco Administrative Code, the Citizens' Right-to-Know Act of 1998, also referred to as "Prop. I").

### About:

	Current	Change	
Location (Address)	887 Potrero Avenue	New	
Square Footage	Unknown	Unknown	
Hours of Operation	24/7	24/7	

**Reason for Prop I:** To establish the new Psychiatric Respite Navigation Center program to expand services to a target population who are often homeless and are frequently high users of multiple systems and those who repeatedly use crisis-level services.

Zoning: N/A

Sign Posting: Monday, August 7, 2017

**Community Meetings**: The community meeting was held on Wednesday, August 9, 2017 and a total of 21 community members attended.

**Recommendation:** The Department of Public Health recommends approval for Hummingbird Psychiatric Respite at the ZSFGH location to be approved by the Health Commission.

COMMUNITY MEETING MINUTES - August 9, 2017 CARR Auditorium, ZSFGH

Project:

**Hummingbird Psychiatric Respite Navigation Center** 

The meeting commenced at 6:35 pm. 24 people were present in Carr Auditorium. Tom Mesa of the DPH Business Office began the meeting with an overview of Proposition I and the DPH Good Neighbor Policy. He explained that DPH seeks to make sure neighbors are aware of new or expanded projects, and that they have the opportunity to ask questions or voice concerns. Mr. Mesa introduced several people present at the meeting, including Roland Pickens, Kelly Hiramoto and Brent Andrew from the Department of Public Health and Brett Andrews from Positive Resource Center/Baker Places. He then turned the meeting over to Kelly Hiramoto to describe the proposed project.

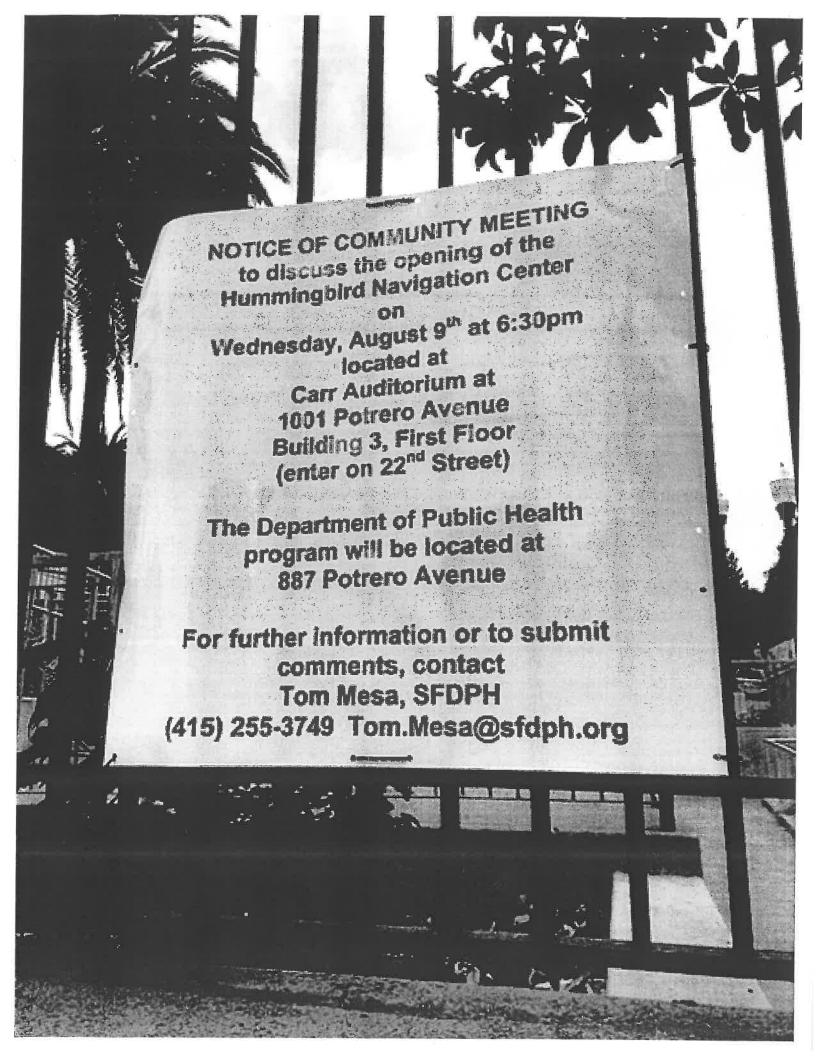
Ms. Hiramoto spoke briefly about the proposed Hummingbird project. She said it will allow DPH to meet an identified gap in service and serve clients who are not quite ready to engage in treatment but have serious needs. She explained that the existing Hummingbird Place program has been providing respite and care to this target population Monday through Saturday during the day and this project is an expansion of that program to a 24 hour model. The program will be located at 887 Potrero Street, on the ZSFGH campus at 21st and Potrero.

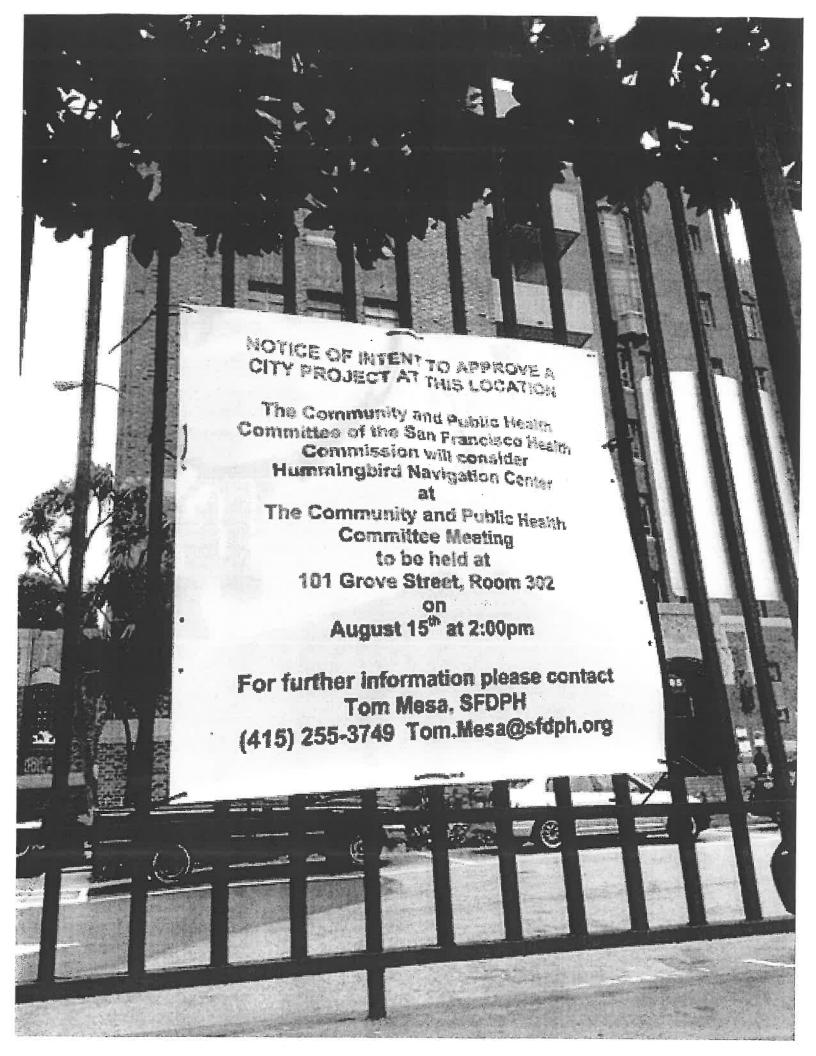
Ms. Hiramoto explained that the program will not be a drop-in center, but will accept referrals from multiple sources, including the hospital's Psychiatric Emergency Services (PES), from a diversion program operated at ZSFGH by the Progress Foundation, from the Homeless Outreach Team (HOT), and the Encampment Resolution Team. It will be a secure facility, but clients will be free to go due to the voluntary nature of the program. If they leave, they will be escorted out of the facility.

A neighbor expressed enthusiasm for the project. She said she lives near the hospital and sees people who are discharged from the hospital and have no place to go. She also asked how this program will serve as an alternative to jail. Ms. Hiramoto responded that this will be another manner of engaging people. She said that DPH sees people who are discharged from PES and when they get out, they engage in behavior that gets them arrested and they start down the criminal justice path. With a program like this, DPH hopes to engage them instead on a wellness and recovery path.

Another neighbor spoke and also expressed enthusiasm for the project and asked what outcomes the project is trying to meet. Ms. Hiramoto spoke about reducing stays in the hospital and in jail. Brett Andrews spoke a little about the involvement of PRC/Baker Places who is an initial partner in this project, and said that the end goal is helping this target population get into treatment and ultimately into stable housing.

There being no more questions, suggestions, or comments, Mr. Mesa closed the meeting at 7:20pm.





# Sign-In Sheet

# Hummingbird Psychiatric Respite Navigation Center Meeting

August 9, 2017

6:30pm

Carr Auditorium

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# Sign-In Sheet

# Hummingbird Psychiatric Respite Navigation Center Meeting

August 9, 2017

6:30pm

Carr Auditorium

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Name - Print	PATEN MULLIN	DEMETRY MOSHOWANIK	Counte Verent	N	1)er Yavor	Tomac, Llorence	Jennifer Dean				

ONCLB Documentation - Meeting Sign-In Sheet

# **Hummingbird Proposal**

8/9/2017

For information contact: Kelly Hiramoto, 415.255.3423

# GOALS

Hummingbird Psychiatric Respite

- 1. To provide access to recovery and wellness conversation, activities and programs in a home-like environment.
- 2. To reduce client use of crisis and inpatient services, by providing
- integrated social rehabilitation, trauma informed, harm-reduction support.
- <u>3.</u> To combine one-on-one peer support and professional staffing.

### BASIC FACTS-AT-A-GLANCE

- 24/7/365 management
- Up to 15-bed overnight capacity
  - Average stay of 14 days
- Referrals managed by San Francisco Health Network
- Intake and assessment carried out by onsite staff

# Target Population

The target population is eligible clients in the San Francisco system of care.

The Psychiatric Respite program serves adult residents of San Francisco who are often homeless and are high users of multiple systems and those who repeatedly use crisis-level services. Referrals to services will primarily originate from Encampment Resolution Team, SFHOT, SFGH Psychiatric Emergency Services, Acute Inpatient Psychiatric Units, Community Mental Health Treatment Programs (Baker Places and Progress Foundation), and Intensive Case Management Programs.

# Services

# Services provided include:

- Referral to primary medical and psychiatric community providers
- Medication monitoring
- Linkage to social services
- Transportation to medical and social services appointments
- Three meals a day
- Individual and group counseling
- One-on-one peer support
- Daily living skills training
- Provision of activities of daily living materials (i.e. clothing, showering, hygiene supplies, laundry facilities, etc.)
- Coordination of services and discharge planning